

MAY
2011



St. Francis Hospital
&
Health Services

1996, 2004 & 2008
Missouri Quality
Award Winner

We value your input. Please
send your comments to:

Ashley Shisler
Communications Specialist

St. Francis Hospital
& Health Services
Community Relations
2016 S Main
Maryville, MD 64468

Phone: (660) 562-7933
Fax: (660) 562-7982
Email:
Ashley_D_Shisler@ssmhc.com

Occupational Therapy -- Providing Rehab for All of Life's Occupations

Susan Grispino loves the challenges of her job as an occupational therapist with St. Francis Rehab & Sports Medicine. A graduate of the University of Missouri-Columbia, she brings a wealth of experience to the hospital. Although she spent her first several years working in several large hospitals, she feels the best care she has ever seen is in Maryville. For 20 years she has worked with patients of all ages who have experienced a multitude of conditions that affect daily functioning. She has helped her patients and their families move beyond the effects of conditions such as traumatic brain injuries, spinal cord injuries, amputations, strokes, hand injuries, debility-related to aging, and a multi-

tude of developmental conditions in children. She says that the depth of her experience as well as that of her co-workers means that the rehab team "can take care of our own community -right here at home."

She states that a small hospital like St. Francis can have unlimited potential. "When you combine the heart and the mission of St. Francis with a strong background of experience, train-

ing, and education, the possibilities are endless," she says.



Working with inpatient John Zimmerman, OT Susan Grispino works with patients to regain function.

Grispino, who also has a Master's Degree in Business Administration, readily digs into program development. She has extensive training in ergonomics and states that St. Francis

is able to provide Functional Capacity Evaluations, Prework Screens and Functional Job Analysis to help industries keep their workers

(Continued on page 5)

The Road to EPIC

One month closer to our Go Live date and already a change in plans. The start date has been moved 24 hours earlier by the SSM implementation team. We will turn on our new EHR at 12:01 a.m. Saturday March 31, 2012. This change has occurred to match the new revenue cycle needs.

The St. Francis Transition Management Team (TMT) continues to meet with the leaders of our implementation team from St. Louis with monthly planning meetings. More details of our decision making are being presented. Department

heads will shortly be completing decisions about hardware and sighting of computers, printers, and the associated



needs of an EHR. The changes and decisions will increase in number and frequency the last six months before the Go Live.

Bill Odman, CIO for the region, is in the process of interviewing for the 5 new staff members that will be added to support EPIC at St. Francis. Decisions about space utilization will be finalized in the next 4 weeks for the permanent staff and location of the temporary sites needed such as training rooms.

I shall be attending many of the upcoming pre-Go live functions in Oklahoma City to familiarize myself of the decisions and processes involved with EPIC. Oklahoma City has

(Continued on page 5)

May Birthdays

Dr. Alex Amante
 Shawna Bowers
 Nellie Christensen
 Stephanie Conn
 Caron Coulter
 DeAnn Davison
 Christina Dilley
 Margie Dilley
 Kim Heard
 Carma Kinman
 Monica Krizinger
 Larna Lockhart
 Ricardo Lugo
 Sheila Luke
 Brandi Mayes
 Dr. Kyle Payne
 Fred Rohs
 Dawn Szgo
 Todd Sexton
 Katie Skaggs
 Janel Smith
 Susie Smith
 Pamela Smith
 Joni Stephens
 Gary Thompson
 Sarah Thompson
 Karie Untiedt
 Julie Weiss
 Ardith Zion

Gray Matter



President
 Gray Cox

This past weekend I had the chance to spend a few days with some of my grandkids. I took the youngest to the park where we fed the ducks - later I played "house" with them. I played basketball with the older boys - also watched a "Hulk" movie. One thing I have discovered over the years with my grandkids is, that they really don't care what it is that you do with them, as long as you are doing something with them - basically they just want my time and love.

So - what do you think our patients want from us? They expect medical expertise. But what do they want? Could it be that they also don't care as much about what we do but are they really looking for our time and love? Could it be that time and love is really what we are looking for

from each other as fellow employees?

Let's see if we can have a little fun with this question. Please email me (Gray_Cox@ssmhc.com) with what you think is the one thing patients most want or appreciate. I'll let you know some of the answers.

**Welcome
 to
 St. Francis**
Pamela Smith
 Nutritional Services
**We're Glad
 to Have You!**

FIND US ON FACEBOOK

Did you know that St. Francis has a Facebook Page?

Check it out and find information on what's going on at our hospital!

St. Francis Hospital & Health Services
Non-Profit Organization · Maryville, Missouri

Like

Wall

- Info
- Events
- Photos

About
 Our Mission: Through our exceptional health care services, we reveal the h...
[More](#)

104
 people like this

Likes See All

Northwest Missouri State University

City of Maryville, Missouri

St. Francis Hospital & Health Services

April is Patient Safety Awareness Month! St. Francis is doing everything possible to make sure that patient safety is a top priority! Check out this link on Ten Things You Can Do to Be a Safe Patient:
<http://www.cdc.gov/Features/PatientSafety/>

CDC Features - Patient Safety: Ten Things You Can Do to Be a Safe Patient
www.cdc.gov

You go to the hospital to get well, right? Of course, but did you know that patients can get infections in the hospital while they are being treated for something else? Here are ten things you can do to be a safe patient.

21 hours ago · Like · Comment

Duane Whitham

Dr fuehrbacher is awesome doctor!!

March 30 at 11:51am · Like · Comment

Phil Larabee, Melissa Hibbs Taylor and St. Francis Hospital & Health Services

like this.

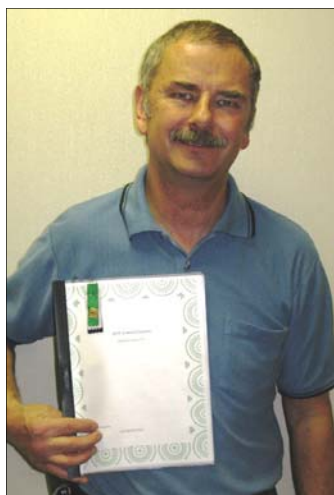
Go to: www.facebook.com/stfrancishospital
 and "Like" us to become a fan!

Notes of Thanks & Congratulations

Gail Ingram has had a lot of excitement going on in her family!

Congratulations to her son and new daughter-in-law, Tyler & Courtney Ingram on getting married!

Congratulations to her other son, Travis Ingram, for passing all of his tests and training to be promoted to an Airline Captain!



Congratulations to Jeff Christensen for receiving the Outstanding Adult Volunteer Award with the Girl Scouts of NW Missouri!



Thank you to everyone who participated in the Cystic Fibrosis 'Cat Walk' on April 23. We raised \$3,599 and had around 75 people attend!

Kathy Brand

Please Support the Word of the Month

Citizens of NW Missouri have come up with 12 character traits that are essential in creating a culture of character. St. Francis Hospital & Health Services was asked to help set the PACE (Partners Achieving Character Excellence) by joining with other businesses and schools to demonstrate character excellence in the region.

NW Missouri Culture of Character Trait of the Month

May *Patience* – ability to remain calm and to wait for what you want



Mission Exceptional Recognition

Jeff Akers
Joshua Allee
Suzi Anderson
Krista Barcus (2)
Brenda Beason
Jan Beeman
Dr. Sally Bomar
Kyle Bowers
Dr. Byron Charles
Jeff Christensen
Beth Davis
Christina Dilley
Terry Ewing (2)
Deb Fletchall

Donna Gladstone
Ty Griffith
Teri Harr
Chris Henggeler
Nic Jensen
Mistie Majors
Sue Mattson
Cathy McMillen
Sharon Meyer
Katie Myers
Sherry Pitts
Adrean Plummer
Haily Randall
Krista Reisig

Whitney Simmons
Dr. Amrit Singh
Brooke Spaulding
Theresa Stiens
Rhonda Sybert (2)
Amber Thompson
Heather Wallace (3)
Becky Wilson



News & Announcements



I'm helping save lives and you can too!

The Start!... Heart Walk is the American Heart Association's premier event for raising funds to save lives from this country's #1 and #3 killers - heart disease and stroke. Walk with me on Saturday, June 4, 2011 at the Missouri Western State University Spratt Stadium. Registration is at 9am and the walk starts at 10am. If you are unable to participate, you can still donate by contacting me, Janet Murphy, in Cardiac Rehab, x7608.

We will be having a bake sale May 20 starting at 8am in front of the cafeteria. Proceeds will also go to Heart Walk. An additional Wear Red Casual Day will be on that day for \$5.

This year our goal is \$3,000. If we reach that amount, Tim Hurst, Frank Grispingo, and Gary Thompson will dress as women and ride up to the front hospital entrance on Harleys!

this i believe

Working at St. Francis not only means you have a job, but you have a family. Being a part of the "St. Francis Family" is such a great reward. My daughter was admitted into the hospital last month at only three months old. She had bronchiolitis and needed to be on breathing treatments and an IV antibiotic. Prior to the admission, we were in the Family Health Care Clinic. My husband was about 40 minutes away and was not able to get there very fast. I was so scared holding down my daughter as they did x-rays and blood tests. I'm not sure what I would have done if my wonderful co-workers hadn't been there to calm me down. Once we were admitted, even administration came in to see if I needed anything. I really felt taken care of from the very start. It was hard to have a three month old in the hospital, with it being difficult to even step into the bathroom, not wanting to leave her in the room by herself. My husband would go to work during the day, and it was just my daughter and I in the room. But my co-workers were always checking on me, and would watch her if I needed to step out for a second. One instance that has really stayed with me, is when the housekeeper came in to clean our room. She talked to my daughter and made her smile, and before she left, she asked if I needed anything from Walmart or anywhere else. She said she would be glad to run there on her break if I needed anything. Not only was that an exceptional employee, but an exceptional friend to me.

From being at the doctors office to staying in the hospital, we had exceptional care through it all. All of the doctors, nurses, respiratory therapists, and hospital staff went above and beyond their duty to make my daughter and I feel comfortable, and that helped me get through our hospital stay.

This I believe... St. Francis is a great place to work, with great co-workers, and friends caring for friends.

Ashley Shisler

Occupational Therapy Continued...

(Continued from page 1)
safe and productive.

For her entire 20 years of practice, Grispingo has also pursued ongoing advanced education for childhood and adult neurology, autism, sensory processing, visual processing, orthopedics and upper extremity conditions. Always ready for a challenge involving special kids, she recently authored an article for Autism Asperger's Digest. Grispingo also provides OT services for the Maryville R-II school district. "At the hospital, we address medically- and functionally-based issues with our kiddos such as self feeding or physical issues like regaining function after an incident such as stroke or head injury," she notes. "And then we can help the parents and child transition back to school where therapy must be related to the school environment."

As a team, we provide OT, PT and speech services for tiny babies on up to our 100-year-old elders. "And we

love them all," she emphasizes. "We have to help people make the best of a situation and that's what we do in rehab. As occupational therapists, we help people to achieve functional goals. A person's occupation is work, play and self-care - all of the things we take for granted each and every day unless something unfortunate happens."

Occupational therapists work with people to regain the skills behind their everyday activities - sensory processing, movement, visual skills, cognitive functioning, etc. And they help people adapt and learn to do things differently so that life can go on. "There is nothing like that 'aha' moment when someone realizes 'I can do it,'" Grispingo says.

For more information on Occupational Therapy Services at St. Francis Rehab & Sports Medicine, call (660) 562-7908 or go online at www.stfrancismaryville.com.

News & Announcements

Easter Bunny Finds St. Francis Preschool

Mission Awareness Team recently held an Easter Egg Hunt for the St. Francis Preschool & Child Care. Eggs were found and each child received a little toy as an Easter gift.



FREE EMPLOYEE APPRECIATION MEAL Thursday, May 12th

~ Pasta Bar ~

Fettuccine Noodles
Mostaccioli Noodles



Ravioli
Alfredo Sauce
Meat Sauce
Red Sauce
Chicken Breast
Meatballs
Bosco Sticks/

Garlic Bread
Specialty Cheesecakes

DAY SHIFT: 11:00am - 1:30pm
EVENING SHIFT: 5:00pm - 7:00pm
NIGHT SHIFT: 12:00am

FREE CASUAL DAY!

EPIC Continued...

their ambulatory Go Live in the 3rd QTR of this year, followed by the 3 hospital Go Lives in the 4th QTR.

Remember: do not sit on questions or concerns. Ask your department head, ask a member of Administrative Council, ask me. The Project Beacon office is across from the Administration office. I am in the office Tuesday all day and Thursday afternoon. The phone is extension 5008 and my pager is 802.

**Countdown
To EPIC
331
DAYS!!**



Get your Groove On! Relay for Life Dance

Dance the night away with The Dixie Cadillacs!

The St. Francis Hospital Relay for Life team is sponsoring a dance on May 7, 2011 at 8 p.m. at the Eagles' Lodge.

Tickets are \$7 per person in advance and are on sale now. Please see Mary Stiens or Wanda Fletchall in the St. Francis Family Health Care Lab. Tickets will be \$9 at the door.



2011 EMPLOYEE PICNIC

SAVE THE DATE!

The 2011 Employee Picnic is scheduled for 6/18/11. Watch for further details to be posted at a later date.

News & Announcements

Bunny Ears for Babies

Infants born at St. Francis were treated to a special gift made possible by one of those who brought them into the world. Dr. Jane Dawson put her 'other' talents to work and created bunny hats for newborns. Babies born during the Easter holiday were gifted with the hats, and parents were given the opportunity for a keepsake for their child.



Tobin Benefit Golf Classic

Friday May 27

Mozingo Lake Golf Course

Tee-Off Dinner

Thursday, May 26 at 6 p.m.

Maryville Country Club

Please make your plans to
volunteer for these dates.

Call Ashley at x6004 to sign up.

There is still time to register to play
golf! Call us at x6000 or x6004 or go to
www.stfrancismaryville.com.

Mary Cecilia Pribil, FSM, Dies at 101



A funeral mass for Sr. Mary Cecilia Pribil, a Franciscan Sister of Mary, was celebrated on Tuesday, April 26, 2011, in Bridgeton, Mo. Sr. Cecilia died on

Good Friday, April 22, 2011. She was 101.

Ever a true Franciscan who delighted in the wonders of creation, Sr. Cecilia ("Celie") lived a life of simplicity and grace, caring always for others' needs. A respected leader, she

worked actively toward the reunification of the Sisters of St. Mary and the Sisters of St. Francis of Maryville during the mid-1980s. In her later years, she was known for keeping a silver piggy bank in the dining room of the convent, inviting donations for the Franciscan Connection, a group that helps struggling neighbors in south St. Louis.

Born November 6, 1909, on a farm near Hennessey, Okla., Christina Lee Pribil was oldest of six children (four girls, two boys) born to Joseph J. and Antonie M. (Vaverka) Pribil. While studying at St. Anthony's Hospital School of Nursing in Oklahoma City, she met the Sisters of St. Francis

of Maryville, Mo. She entered the order September 10, 1929; Mother Mary Augustine Giesen, the foundress, herself welcomed her to Mount Alverno Convent. She professed final vows May 8, 1935. In 1987 the Sisters of St. Francis of Maryville (OSF) reunited with the Sisters of St. Mary (SSM) to become the Franciscan Sisters of Mary.

She is survived by a sister, Mrs. Elizabeth Dinkler, of Hennessey, Okla., and a brother, Stephen (Agnes), of Guthrie, Okla., as well as nieces, nephews, and other relatives and friends.

Human Resource Announcements

Employee Partnership Survey



Thank you for sharing your heart with us! Your participation made it possible to exceed our goal! Our final participation rate was 83.7%, which means 389 employees completed a survey! This is the highest participation rate we have ever had!

Once the cafeteria is reopened we will schedule the Root Beer Floats, Ice Cream Sundaes, and BBQ. Results of the survey will be announced mid-summer. Please watch for future communications. If you have any questions, please contact Human Resources.

New ID Badges Coming Soon!

New pictures will be taken – days and times will be posted once scheduled. You will need to know your employee ID number. If you do not already have it memorized or written down, please do this immediately!

Employee Service Award Program

The Employee Council is redesigning the Employee Service Award Program. Beginning this year, we will have the Service Award Program in September. This will be combined with the 20+ Celebration. Watch for future communications on this exciting enhancement!

Benefit Confirmation Statements

Attention! If you received a pay increase on paycheck dated 4/22/11, your Life Insurance, AD&D and Short Term Disability premiums may have changed slightly. An updated Benefit Confirmation Statement is available in Human Resources for all affected employees. If you'd like a copy, please stop by and pick it up.

**Free Employee Pasta Bar on
May 12! See page 5 for details.**

National Hospital & Healthcare Week



National Hospital & Healthcare Week focuses public attention on the numerous contributions hospitals make to their communities and provides the hospitals with an opportunity to recognize staff and volunteers. Activities available at St. Francis during National Hospital & Healthcare Week are as follows:

- Monday, May 9: Popcorn Break 1:30 - 2:30 pm
- Tuesday, May 10: Morning Break - donuts, fruit, yogurt, coffee and juice
- Wednesday, May 11: Ice Cream Break delivered to your department. 1 - 3 pm
- Thursday, May 12: Free Employee Meal
- Friday, May 13: Nacho Break 1:30 - 2:30
\$5 wear red jeans day supporting Diabetes



SAFETY FIRST TEAM STEPPS

Effective Team Leaders...

articulate
clear goals



make decisions
through
collective input
of members

empower
everyone to speak up
and challenge, when
appropriate

organize
the team

actively promote
and facilitate good
teamwork

Team Events

Planning

Brief - short session prior to start to discuss team formation, roles, expectations, & anticipated outcomes and contingencies.

Problem Solving

Huddle - ad hoc planning to reestablish situation awareness; reinforce plans already in place; and assess the need to adjust the plan.

Process Improvement

Debrief - Informal information exchange session to improve team performance and effectiveness, an after action review.

No matter your clinical field, communication saves lives!