

## OUR PHILOSOPHY

*Emotional and mental health problems are not something you have to hide anymore.*

*Today, these problems don't have to disrupt your family's lives.*

*St. Francis Mental Health Services treatment program is founded on the belief that people are biological, psychological, social and spiritual beings. For optimal health and functioning, individuals need these aspects of their lives balanced harmoniously.*

*We understand that physical and mental illnesses, life stress, family and social discord, emotional pain, chemical dependency, and many other problems can create disharmony.*

*The team of professionals at St. Francis Mental Health Services provides the support and understanding needed to return each individual client to a healthier and more productive life.*



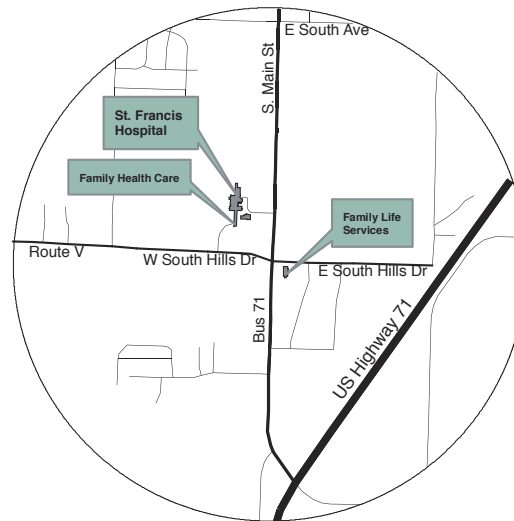
## St. Francis Hospital & Health Services

2016 South Main Street  
Maryville, MO 64468  
(660) 562-2600

Visit us on the web at

[www.stfrancismaryville.com](http://www.stfrancismaryville.com)

St. Francis Hospital & Health Services is located in Maryville, Missouri, on Business Highway 71 in the northwest corner of the state.



St. Francis Hospital & Health Services  
is a member of SSM Health Care

An Equal Opportunity Employer

## Mental Health Services Partial Hospitalization Program (PHP)



## St. Francis Mental Health Services

2016 South Main Street  
Maryville, Missouri  
(660) 562-7922

## **Restoring the Harmony Within**

*St. Francis Mental Health Services is a comprehensive treatment facility established to provide uncomplicated access to professional help for emotional and psychiatric problems for adults 18 years and older.*

*St. Francis Mental Health Services uses a multi-disciplinary treatment team consisting of psychiatrists, medical physicians, nurses, social workers, and a spiritual counselor to provide a holistic approach to treatment of the mental, emotional, spiritual and physical aspects of each individual. The treatment team assists patients in regaining control of their lives by offering family-oriented patient care beginning with the first call or contact.*

### **24-HOUR HELP IS AVAILABLE**

A trained professional is available seven days a week, 24 hours a day, to assess an individual's needs and begin the process toward balance and recovery. Information and help are available by calling the crisis line at (660) 562-2227 or (800) 841-3866.

### ***PROGRAM OVERVIEW***

The Partial Hospitalization Program (PHP) is designed to provide intensive therapy and psychiatric stabilization to support men and women ages 18 and older. As an effective alternative to 24-hour inpatient hospitalization, PHP allows clients to get the therapy they need while still maintaining interaction with family, friends and community.

St. Francis Mental Health Services provides a competent and experienced treatment team including a psychiatrist, clinical psychologist, social worker, and registered nurse. This team of professionals assists patients in regaining control of their lives and reaching their ultimate goal of achieving the highest possible level of function.

### ***TREATMENT***

A full spectrum of treatment services are available:

- Mental health assessment and consultation
- Crisis intervention
- Individualized treatment planning
- Symptom identification and management
- Relapse symptoms
- Education groups
- Medication education
- Psychotherapy
- Aftercare planning

### ***BENEFITS OF PARTIAL HOSPITALIZATION***

To the individuals we serve:

- Receive treatment without a hospital stay
- Break the cycle of multiple hospitalizations
- Gain self-esteem
- Become more independent
- Improve interpersonal relationships
- Develop positive coping skills
- Learn to live with illness on a long-term basis
- Maintain treatment with outpatient providers and community programs

To physicians and provider agencies:

- Obtain comprehensive assessment of symptoms and behavior for clients
- Help clients achieve stability in a safe and less restrictive environment
- Facilitate clients' recovery and adaptation to their psychiatric illness
- Provide continuity of care with client's outpatient provider
- Act as a liaison with families

### ***LOCATION***

The PHP is located on the second floor of St. Francis Hospital at 2016 South Main Street.

### ***HOURS OF OPERATION***

Partial Hospitalization group hours are from 9:30 a.m. until 2:00 p.m., Monday through Friday. Clients are expected to attend all groups. Lunch is provided.

### ***FINANCIAL ARRANGEMENTS***

The Partial Hospitalization Program is covered by most commercial insurance and Medicare. Medicaid does not cover partial hospitalization services.

### ***TRANSPORTATION***

Transportation is the responsibility of the client unless special arrangements are made with the program staff.

### ***REFERRALS***

Referrals may be made by calling the PHP Coordinator at (660) 562-7922.



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**Crisis Lines:** (800) 841-3866  
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