

OUR PHILOSOPHY

Emotional and mental health problems are not something you have to hide anymore.

Today, these problems don't have to disrupt your family's lives.

St. Francis Mental Health Services' treatment program is founded on the belief that people are biological, psychological, social and spiritual beings. For optimal health and functioning, individuals need these aspects of their lives balanced harmoniously.

We understand that physical and mental illnesses, life stress, family and social discord, emotional pain, chemical dependency, and many other problems can create disharmony.

The team of professionals at St. Francis Mental Health Services provides the support and understanding needed to return each individual client to a healthier and more productive life.

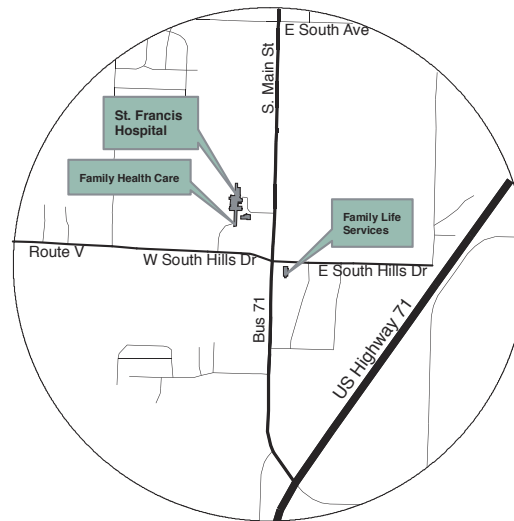


St. Francis Hospital & Health Services

2016 South Main Street
Maryville, MO 64468
(660) 562-2600

Visit us on the web at
www.stfrancismaryville.com

St. Francis Hospital & Health Services is located in Maryville, Missouri, on Business Highway 71 in the northwest corner of the state.



St. Francis Hospital & Health Services
is a member of SSM Health Care

An Equal Opportunity Employer

Mental Health Services Inpatient



St. Francis
Mental Health Services

2016 South Main Street
Maryville, Missouri

Restoring the Harmony Within

St. Francis Mental Health Services is a comprehensive treatment facility established to provide uncomplicated access to professional help for emotional and psychiatric problems for adults 18 years and older.

St. Francis Mental Health Services uses a multidisciplinary treatment team consisting of psychiatrists, medical physicians, nurses, social workers and a spiritual counselor to provide a holistic approach to treatment of the mental, emotional, spiritual and physical aspects of each individual. The treatment team assists patients in regaining control of their lives by offering family-oriented patient care beginning with the first call or contact.

24-HOUR HELP IS AVAILABLE

A trained professional is available seven days a week, 24 hours a day, to assess an individual's needs and begin the process toward balance and recovery. Information and help are available by calling the crisis line at **(660) 562-2227** or **(800) 841-3866**.

HOW THE PROGRAM WORKS

Upon admission to St. Francis Mental Health Services, the patient receives a comprehensive series of personal assessments including:

- Physical Examination
- Laboratory Work
- Psychiatric Evaluation
- Nursing Assessment
- Biopsychosocial Assessment
- Nutritional Assessment
- Substance Abuse Evaluation
- Risk Assessment

Carefully reviewed and analyzed by a multidisciplinary team of professionals, the results of the assessments provide the basis for a treatment plan that meets each individual patient's needs.

This process ensures comprehensive quality services are provided to the patient and family in a supportive, caring environment.

FAMILY PROGRAM

Emotional and psychiatric problems affect not only the individual but touch all those around them. St. Francis Mental Health Services encourages families and/or significant others to call (660) 562-7922 to arrange therapeutic conference and participate in discharge planning. As the patient begins to recover, so can the family support begin to find new hope, new balance, and a new way of life.

THERAPIES

St. Francis Mental Health Services inpatient program offers a wide range of therapeutic activities focused on increasing self awareness and self esteem. Therapies are insight-oriented and focused on problem identification and problem-solving skills. The program offers a supportive, non-threatening environment devoted to enhancing each individual's interpersonal skills. Our approach to treatment includes to treatment includes individual, group and family therapies.

Assertiveness training, leisure skill development, self awareness, socialization, stress management, relaxation, structured physical activities and exercise are offered as therapeutic activity groups.

AFTERCARE

St. Francis Mental Health Services understands that patients who have made positive changes through treatment will occasionally face challenges once they return home. Continuing care is an integral part of ongoing recovery. Follow-up calls are made at regular intervals to monitor patients' progress.

OUTPATIENT SERVICES

St. Francis Mental Health Services offers an adult Partial Hospitalization Program designed to provide intensive therapy and psychiatric stabilization as an alternative to 24-hour inpatient hospitalization. Call (660) 562-7922 for more details.

St. Francis Family Life Services treats child, adolescent, adult and geriatric clients in an outpatient office setting. Medication management and psychiatric evaluations are included in their offerings. To make an appointment, call (660) 562-4305.

FINANCIAL ARRANGEMENTS

St. Francis Mental Health Services participates with most insurance companies including Medicare and Medicaid. If you have questions or would like to discuss financial arrangements, please call the St. Francis Hospital financial counselor at (660) 562-2600, extension 6614.



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